## INGATIS DISG GOLF?





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**Disc Golf** is one of the fastest growing sports in the world and most courses are **free to play** 



It's just like **GOLF**, but instead of a ball and a hole, we use **discs** and a **basket** 



The **goal** is to land the disc in the basket





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## A TYPICAL ROUND

**9-18** Holes **60-80m** in length



Each hole is a **par 3** – the **objective** (**varies** by hole length)



Rounds usually take 60-90mins and the lowest score wins (fewest total throws)





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