

## MONTHLY NEWSLETTER



at

12-3pm  
**Tuesday 31st May**

community jigsaw

face paint

frisbee golf

picnic in the park

AND SO MUCH MORE...

## INSIDE THE ISSUE

## EVENTS

See what we've been up to **recently** and find out what's coming in the **future** !

## GET INVOLVED

We want as many people as possible to **get involved** with everything that goes on at **Springfield**. There are lots of different things you could do...

## FEATURED

This week, we are giving you a detailed look on a **brand new activity** at Springfield, perfect for **families** and **all ages** !

## EVENTS



SCA invites you to celebrate the **Queen's Jubilee** in Style !

We would love for you to join us at the **community event** as it will be great **fun** for **all the family**. Bring your own **picnic** to enjoy in your own time and take part in the **various activities** we have lined up including :

**INDOOR**

Community **Jigsaw**, **Raffle**, Face Painting, **Cake Stall** & a **Craft Table** (for little people.)

**OUTDOOR**

Knock Down **Cans**, Hook a **Duck**, **Croquet**, **Disc Golf**, **Picnic**

For those who feel **packing a picnic is too much** then a **limited number** of picnic packs can be **ordered in advance** from **Springfield Café** for only **£5** ! For more information about the event, please visit the link below :



[springfieldcommunity.org.uk/jubileeparty](https://springfieldcommunity.org.uk/jubileeparty)





# GET INVOLVED

## Can You Help Us ?

At the

### Queen's Platinum Jubilee Party

we'd like **volunteers** to help with different activities **on the day**.

The celebration will take place on

**Tuesday 31st May**



For **more information**, please visit :

[springfieldcommunity.org.uk/jubileeparty](http://springfieldcommunity.org.uk/jubileeparty)

There will be a meeting prior to the event with all the volunteers to run through key elements and allocated job roles.

We need **YOUR help** for :

- **Setting up** from 9.30am
- **Welcoming** guests
- **Decorating** the hall
- **Running stalls** e.g. Craft table
- **Cleaning**
- **Clearing tables**



Please use the contact information below to **reach out** and **volunteer** for your local community !



[linda@springfieldcommunity.org.uk](mailto:linda@springfieldcommunity.org.uk)



0191 266 2988



[springfieldcommunity.org.uk](http://springfieldcommunity.org.uk)



## FEATURED



### DISC GOLF, ALSO CALLED FRISBEE GOLF

**Disc Golf** is one of the worlds fastest growing sports with **15000+** courses **worldwide**, most of which are open to the **public** and completely


#### FREE TO PLAY !

It is very **similar to traditional golf** except instead of a ball and a hole you have **discs** and a **basket**. The goal is to **get the disc to land in the disc catching basket**.

“ *Disc Golf takes 5 minutes to learn and a lifetime to master !* ”

In **2021**, Springfield Community Association invested in some **disc golf items** in order to provide the sport for **free** via the **community centre** and local beauty spot, **Springfield Park**.

We are fortunate enough to have **RickRick**, ranked **3rd** in the **UK**, on hand to give any coaching, as he lives in the area. For more information about the sport, head to :

 [springfieldcommunity.org.uk/discgolf](http://springfieldcommunity.org.uk/discgolf)

#### What RickRick Has To Say

*" I have been playing disc golf and other flying disc sports for over **15 years** and taught well over **200,000** students.*

***Springfield** has really taken on board the benefits disc golf can have in a local community and I know **Forest Hall** will **love** having this **fun** activity !*

*I **urge you** to give it go, if you are aged between 3-99, **YOU ARE ELIGIBLE !**"*



[@frisbee\\_man](https://www.instagram.com/frisbee_man)

